

International Journal of Therapy and Rehabilitation

INSTRUCTIONS TO AUTHORS

Articles for the *International Journal of Therapy and Rehabilitation (IJTR)* should be approximately 3000 words in length with no more than 40 references. They should be submitted online at <http://www.epress.ac.uk/ijtr/webforms/author.php>. If there are any difficulties keeping to the specifications of the article, please discuss the matter with the Editor, Joanna Bakewell, on 020 7501 6747 or email her: ijtr@markallengroup.com. Please ensure that all pages are numbered. All articles submitted are reviewed before publication; this will take 4–8 weeks. Details for submission of amended or revised articles will be sent to you by email.

Title page

The title page should carry:

1. Title of the article.
2. The names of the authors (with initials or first names, whichever is preferred).
3. Institutional affiliation of each author.
4. Full details of each author's current appointment.
5. Name, address, email address and contact telephone number of the author responsible for correspondence.

Abstract

This should be between 100 and 150 words in length. It is designed to develop the reader's interest in the article, covering where appropriate the aims, methodology, results and conclusion of the study.

Main introduction

The main introduction should state the main question that the review sets out to answer.

Headings

1. Please use plenty of headings.
2. Indicate clearly the 'importance' you attach to each one.

Abbreviations and units

Abbreviations should be defined at their first mention. SI units should always be used.

Key phrases

Please supply five to eight key phrases that summarize the major themes of your article. These will appear at the end of the article.

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Tables

1. Place references and explanatory matter in footnotes, not headings.
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Conclusions

The conclusions should be succinct and logically ordered summaries of data you have presented. Identify gaps in present knowledge and suggest future initiatives.

Conflict of interest

All authors should provide a conflict of interest statement. This should include any details which may embarrass the authors or the journal if revealed later.

References

In the text

1. Use the name and year (Harvard) system for references in the text:
As Black and White (1987) have shown...
As already reported (Black and White, 1987)...
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3. When several references are cited simultaneously, the order should be chronological.
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Black B, Green G (1965)...
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Editor:

Cusack L, Singh S (1994) *HIV and AIDS Care: Practical Approaches*. Chapman & Hall, London: 125–6

Chapter in Book:

Samuels B (1979) Pulmonary complications of AIDS. In: Rand A, Long B, eds. *Management of AIDS*. Butterworths, London: 387–95

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You will receive an email confirming that your article has arrived and is being reviewed. All articles submitted are reviewed before publication; this will take four to six weeks.

Informed consent

Studies on patients or volunteers require ethics committee approval and informed consent, which should be documented in your article. Where there is an unavoidable risk of breach of privacy (e.g. in a clinical photograph or in case details) the patient's written consent, or that of the next of kin, to publication must be obtained. We will ask you to send a signed consent form before publication.

Ethical approval

The author has to ensure that any procedures were performed in compliance with relevant laws and institutional guidelines and that the appropriate institutional committee(s) has/have approved them.